

WE ARE WORKING HARD TO LOOK AFTER YOU

In the 3 months between December 2020 to February 2021 we completed:

- ◆ **15,483** appointments (telephone, face to face and care homes)
- ◆ **1,685** referrals for patients
- ◆ **285,659** items on prescription
- ◆ **859** e-consultations

We strongly encourage using the e-consultation facility to ask your GP for advice, ensuring a quick response without waiting on the phone.

WOULD YOU LIKE TO GET INVOLVED?

We welcome feedback from our patients and we encourage you to join our Patient Participation Group where you can become an active part of guiding the development of our patient services.

You can also provide feedback for the surgery via the NHS choices platform.

Contact details for Spa Surgery, NHS Choices and our Patient Participation Group can be found at www.thespasurgery.co.uk. Click on 'Contact Us' at the top of the page



- Cervical screening (a smear test) checks the health of your cervix. The cervix is the opening to your womb from your vagina.
- Finding any abnormal changes early means they can be monitored or treated so they do not get a chance to turn into cervical cancer.
- All people with a cervix aged 25 to 64 should be invited by letter.
- During the screening appointment, a small sample of cells will be taken from your cervix.
- The sample is tested for changes to the cells of your cervix.

You are still at risk of cervical cancer if:

- you have had the HPV vaccine. It does not protect you from all types of HPV,
- you have only had one sexual partner – you can get HPV the first time you are sexually active
- you have had the same partner, or not had sex, for a long time. You can have HPV for a long time without knowing it
- You are lesbian or bisexual. You are at risk if you have had any sexual contact
- You are a trans man with a cervix
- you have had a partial hysterectomy that did not remove all of your cervix

Please speak to the Patient Services Team if you would like to book an appointment for your smear test or would like further information



THE SPA SURGERY

NEWSLETTER

Spring 2021

Mowbray Square Medical Centre

Harrogate

HG1 5AR

Tel: 01423 503218

www.thespasurgery.co.uk



Covid-19 Pandemic

We continue to work differently during this time, but the surgery and other NHS services remain open. We continue to offer:

- ◆ **e-consultation system**— If you have access to the internet, this is by far the easiest way to submit your health queries to us and for a clinician to review your needs. Whether it's an ailment or an admin query, it can be dealt with online. You can also submit photos. Using the e-consult system for non-urgent matters saves you waiting on the phone and reduces wait times for our urgent calls.
- ◆ **Telephone consultations** - To keep our patients and staff safe, your first contact with a clinician will be on the phone. This allows clinicians to ensure that only patients that really need examining come into the surgery.
- ◆ **Video consultations**— If you have a smart phone, we can send you a link before your appointment, meaning you will see your GP whilst you are speaking to them.
- ◆ **Face to face consultations**- If in your first contact with a clinician, they feel it's necessary for you to attend the surgery, you will be invited to do so. Fewer face to face attendances ensures our environment remains clean and safe.

Local Covid-19 vaccination Update

The local and national vaccination programmes continue to run successfully.

At the surgery we have now sent initial invitations to all patients who are in the following groups. There has been a 90% uptake rate.

- ◆ Group 1—Care home Residents
- ◆ Group 2—80y+ & front line health and social care
- ◆ Group 3—75 -79y
- ◆ Group 4—70-74y or COVID-19 high risk
- ◆ Group 5—65-69y
- ◆ Group 6—16-64y with underlying health conditions or a learning disability
- ◆ Group 7— 60-64y

We continue to invite our patients in line with Government guidelines. Please do not contact the surgery for an appointment. We will contact you.

Week commencing 8th March, clinics are planned for those patients who require their second dose of the vaccination. ***You will be called by the surgery when your second vaccination is due. This will be 11 to 12 weeks after the first dose.***

Some patients will have received their initial vaccination at one of the mass vaccination centres in Leeds or York. They will be required to have their 2nd vaccination at the same vaccination site.

Up to date Covid-19 information can be found on the government website: <https://www.gov.uk/coronavirus>

Key points will also be summarised on our Website and Facebook page.



Surgery News

At the end of February we bade a fond farewell to Annette Given (Business Partner) who now embarks on her well earned retirement!

Dr Greenwood retired in July 2020, but continues to support the practice with some sessions .

Welcome to the team.....

Clare Hedges, our new Business Manager who joined in January.

Dr David Eastwood is providing maternity cover for Dr Edstam.

Hannah Molesworth, our new Practice Nurse

New Website

We want to make it as easy as possible for you to contact the surgery and find the health information you need. We have developed a new and improved website that will launch in March. The website address remains the same:

www.thespasurgery.co.uk