Opening hours: Monday-Thursday 9am-5pm, Friday 9am-4.30pm

Call us: 01609 777662 or Freephone 0800 0087452 Email: schoolmentalhealthproject@compass-uk.org

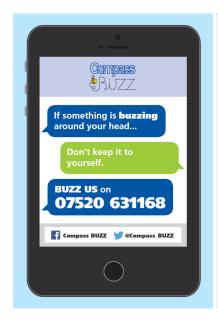
Web: www.compass-uk.org







Compass BUZZ is launching a new innovative text messaging service called BUZZ US for young people aged 11-18. Young people across North Yorkshire will be able to text 07520631168 regarding any Mental Health and Wellbeing issues and receive advice, support and signposting from one of our Wellbeing Workers.



BUZZ US is confidential service where young people will receive an instant reply informing them if the service is open or closed. Within this message it will inform them that they can expect a reply within one working day and also where they can go to receive support if they need it sooner.



We do not usually inform parents, basehas or anyone deal fryor contact Compass BUZZ. We might inform someons if we never contend about your safety, but we need usually we might inform someons if we never contend about prous safety, but we never usually staff who follow the same confedentiality unless. We aim to reply to you thin one working day and you should got an immediate bounce-back to confirm we've received your text. Forest will not be sent outside of normal working hours! By you need help before you have back from us, contact your doctor, visit a NHS valie. In center or call NHS 111, fit is an emergency, dail 90 or with ARE. Our text number does not receive vice call but MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages north madfiller), international mobile numbers and some number making mobile app.). Prevent Compass BUZZ sending messages to you by testing STOP to our murber. Please presery your shoot should be prossible prompting the sending sTOP.

Compass BUZZ is committed to ensuring the safety of young people and has consulted with other text messaging services, Local Safeguarding and Police to make sure that young people will receive the correct advice and support when they need it.

The service is open Monday – Thursday 0900-1700 and Friday 0900-1630 (excluding Bank Holidays).

Please contact 01609 777662 or Freephone 0800 008 7452 if you would like any further information.

